



CHIKUNGUNYA : SYMPTOMS & TREATMENT

Human & Animals are the regular hosts for Chikungunya. The virus spread to the people by biting a female mosquito called Aedes. She breeds in close to human habitations and feed on people during daytime in shady zone.

SYMPTOMS

- **High or blazing fever**
- **Extreme joint pain for the most part in arms and legs**
- **Headache**
- **Pain in the Muscle**
- **Pain in the back**
- **Body ache**
- **Rash (in about 50% of infected people)**

TREATMENT

- ❖ **There is no particular medicine to prevent Chikungunya. No antibiotic that can help in doing away with it. It usually abates on its own. Chikungunya treated on the basis of a patient's symptoms.**
- ❖ **Bed rest, liquids and medication to soothe side effects of fever and hurting. ASPRIN should be avoided.**
- ❖ **Personal protection and hygienic environment is important to prevent growth of the illness.**
- ❖ **Since this virus does not have a vaccine or any particular medicine, please try to stay away from mosquitos, covering yourself while travelling, especially in the evening.**

DENGUE

SYMPTOMS

- ❖ Severe Headache and High fever all of sudden.
- ❖ Pain in Joints & Muscles
- ❖ Pain at the back of eyes, which increase if you roll the eyes.
- ❖ Feeling Nausea & Vomiting.
- ❖ It is serious if you get blood from nose, mouth or teeth and also boils on the skin.

HOW TO PREVENT

- Mosquitos responsible for Dengue breed in stagnant water. Don't let stagnated around you e.g. Cooler, Water Tank, Utensil for water drinking for Birds, Tray of the Fridge. Flower Pot, Coconut Shell, Broken Utensils, Tyres etc.
- Water filled utensils & tanks should be covered.
- This mosquito only bites during day, so wear clothes which covers your body.
- There is no specific medicine for Dengue. For Fever, Paracetamol can be taken. Don't use ASPRIN or IBUROFEN without consultation of Doctor.
- All patients suffering from Dengue do not require platelets.